Republic of the Philippines **REGIONAL NUTRITION COMMITTEE** Central Visayas

EXCERPT FROM THE MINUTES OF MEETING OF THE CENTRAL VISAYAS REGIONAL NUTRITION COMMITTEE HELD ON 30 MARCH 2012 AT CLUB ULTIMA, CEBU CITY

RNC Resolution No. 012-07 (S.2012)

"APPROVING THE PROPOSED ACTIVITIES FOR THE 2012 NUTRITION MONTH CELEBRATION"

WHEREAS, in accordance with Presidential Decree No. 491 known as the Nutrition Act of the Philippines, the Nutrition Month Celebration is being conducted every year in July;

WHEREAS, the theme for the 2012 Nutrition Month celebration is "**Pagkain ng gulay ugaliin, arawaraw itong ihain!**" which focuses on encouraging increased consumption of vegetables to address micronutrient deficiencies and prevent non-communicable diseases such as cancer, cardiovascular disease and diabetes;

WHEREAS, a multi-sectoral collaboration both by the government, non-government and the private sector is necessary to help achieve that goal that every family should have physical, social, and economic access to sufficient, safe and nutritious foods that will meet the dietary needs and food preferences for an active and healthy life at all times;

WHEREAS, the RNC-Technical Working Group has drafted a proposed list of activities for the 2012 celebration of the Nutrition Month with the following as core activities: a) Nutri-chef Challenge to develop low cost, easy to prepare and nutritious recipes; b) simultaneous planting of vegetables with TV coverage; c) launching press conference; d) vegetable caravan; e) thematic seminars; f) quad-media campaign to increase vegetable consumption; g) 8th Regional NAO Congress, and h) Grand Nutrition Awards.

WHEREAS, the proposed activities shall be spearheaded by the RNC and local nutrition committees regionwide;

WHEREAS, upon review, the RNC find that the proposed activities manifest unity of different nutrition stakeholders and ensure that the celebration's objectives are met;

NOW THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, to approve the proposed 2012 Nutrition Month Activities, a copy of which is attached to form an integral part of this resolution.

APPROVED, this 30th day of March 2012 during the 1st RNC Full Committee Meeting s 2012 held at the Board Room, Club Ultima, Cebu City.

Certified Correct:

PAROLITA A. MISSION, RN, DPA RNC 7 Secretary Nutrition Program Coordinator, NNC 7

Attested by:

ASUNCIÓN M. ANDEN, MD, MPH, CESO II Chairperson, RNC 7 Regional Director, DOH-CHD 7